



### **What is Team Tisch MS?**

Team Tisch MS is a fundraising program, also known as TTMS, includes a team of runners, bikers, swimmers, and triathletes, who are completing races and other events to raise money to donate to Tisch MS Research Center of New York (Tisch MSRCNY) to advance research to help find a cause and cure for Multiple Sclerosis. This program is open to people of all ages and abilities.

### **When did the TTMS program start?**

TTMS was founded in 2015 and, shortly afterward, was accepted as an official charity partner of the TCS New York City Marathon. TTMS goal is to have racers in all NYC events by 2017.

### **Who are the members of TTMS?**

Members of TTMS can be anyone who is participating in a race (run, bike, swim, tri, etc.) and is interested in raising money to advance research to help find a cause and cure for MS at Tisch MSRCNY. Races can take place at any location in the United States or Internationally. People who want to become members of TTMS should call (212) 265-8070 (ask for Meaghan Browne or Lisa Mandel).

### **Can I be part of TTMS if I do not participate in races?**

Yes. You can become a supporter by recruiting potential TTMS members or you can support the fundraising efforts of current TTMS members. In addition, TTMS is always looking for sponsors to help build the program and provide mutually beneficial marketing opportunities.

### **How can I help support TTMS today?**

One way is to donate to TTMS and get an official TTMS T-shirt then wear it at the TCS New York City Marathon or any other race while cheering on the TTMS members. Another way is to donate to help one (or more) of the racers reach their fundraising goals.

### **Where can I learn more about TTMS or become a sponsor of TTMS?**

**VISIT** [teamtischms.org](http://teamtischms.org) online, EMAIL to [ttms@tischms.org](mailto:ttms@tischms.org),

**CALL** (212) 265-8070 and ask for Meaghan Browne or Lisa Mandel,  
**MAIL** to Team Tisch MS, Tisch MSRCNY, 521 West 57<sup>th</sup> Street – 4<sup>th</sup> Floor, New York, NY 10019.